



OLYMPIUM RHYTHMIC GYMNASTICS CLUB

590 RATHBURN ROAD, ETOBICOKE, ONTARIO M9C 3T3

PHONE (416) 620 4400 E-MAIL: olympium.rgc@gmail.com

2021 RECREATIONAL SUMMER PROGRAM

August 16th – September 3rd, 2021

REGISTRATION FORM

First Name		Surname	
DATE OF BIRTH (YYYY/MM/DD)			
Address		Postal Code	
E-Mail Address			
Home Phone			
Mother's First Name	WK PH #	CELL #	
Fader's First Name	WK PH #	CELL #	
ALLERGIES/HEALTH CONCERNES			

PROGRAM	CLASS TIME	3 WEEKS	2 WEEKS	1 WEEK
3 – 5 years old	5:00 – 5:45	\$255.00	\$185.00	\$105.00
6 – 9 years old	5:45 - 6:30	\$255.00	\$185.00	\$105.00
9 years old and UP & ADVANCED	6:30 – 8:00	\$405.00	\$260.00	\$150.00

PROGRAM FEE	CLUB FEE (MANDATORY) paid once/season July 1 st , 2021– June 30 th , 2022 \$70.00	TOTAL

- ✓ **The second child of a family registered in a Summer Camp will receive a 10% discount from the lowest fee.**
- ✓ **Olympium RGC reserves the right to cancel classes or request gymnasts to change their selection if there is insufficient enrolment in a class.**

PAYMENT METHOD: CASH

CHEQUE # _____

I understand that there is potential risk of injury involved in training and participating in any sport. I understand that Olympium Rhythmic Gymnastics Club and Gymnastics Ontario have tried to create a safe and controlled environment for participation and that the Club has established rules for participation on and about the gymnastics area that must be followed. I understand that failure to comply with any of the policies and rules of the Club and/or Gymnastics Ontario may result in the suspension or termination of membership. I waive the rights of the participant and family named above, to damages or other costs in the event injury is caused due to participation in gymnastics or other involvement with the Club/Federation.

SIGNATURE OF PARENT/GUARDIAN _____ DATE _____

The COVID-19 PROTOCOL

The safe return to gymnastics remains our collective priority. This informative document is meant to be used as a reference for coaches and athletes to further refine the plans for return to training. We remain committed to supporting you all and wish you all a safe and happy return to gymnastics!

As Ontario works towards recovery, acting responsibly and respectfully towards each other will help everyone to be safe.

1. **All participants must complete Declaration of Compliance-Covid-19 and Informed Consent and Assumption of Risk Agreement (attached to registration forms) before training at our facility. If a participant, staff member or their household member has onset of illness or symptoms compatible with suspected or lab-confirmed COVID-19 in the prior 14 days, they may not enter the facility.**
2. **Anyone feeling unwell MUST STAY HOME!**
3. The Ministry of Ontario Covid-19 Self-Assessment can be found on link: https://covid-19.ontario.ca/?utm_source=Google&utm_medium=CPC&utm_campaign=COVID-19&qclid=CjwKCAjw34n5BRA9EiwA2u9k36Hpv5_MaMfp0qREnEOIM1t2lyLqrQORO_dlwo_Y7kxgkVXQP8xTRxoCzLQQAvD_BwE
4. If at any time after re-opening your child or someone in your household develops symptoms compatible with suspected or lab-confirmed COVID-19, you must notify the office immediately.
5. All persons in the Olympium facility must sanitize hands upon entering the facility. Hand sanitizers are available throughout the facility.
6. All staff are required to complete a daily screening via the online self-assessment prior to coming in to work
7. Hands free coaching (no spotting) for recreational programs i.e. mainly circuits, unless required to prevent injury
8. Hands free coaching (no spotting) for competitive programs, unless required to prevent injury
9. All coaches and staff are required to wear facial covering

Entry/Exit:

1. Gymnasts should arrive dressed in their training outfits.
2. All gymnasts must have their own reusable water bottle. All bottles must be labelled with the gymnast's name.
3. All pre competitive and competitive gymnasts must bring **their own apparatus**. Olympium hand apparatus will not be available for common use at the gym at this time. If you do not have your own apparatus, they may be purchased at the websites provided: <https://shopgymnastics.ca/> or: <https://www.romsport.com/>
4. **All recreational gymnasts must have their own rope.** It may be purchased at the website provided above or our office.
5. **It is strongly recommended to have your own yoga mat for warm up.**
6. Participants will line up outside and await their coach to invite them inside the facility one by one
7. Gymnasts will place their shoes in the designated area, change into indoor shoes, disinfect their hands and enter the gym area. Entering the carpet only white clean socks must be worn.
8. A maximum of one parent (and no siblings) per gymnast is allowed inside the facility (not a gym area) and should remain physically distant.
9. Anyone inside the facility that is not a gymnast must wear a facial covering.
10. Please pick up the gymnast outside the gym. If the gymnast needs supervision while waiting for pickup, adults should be practicing physical distancing.

GYMNASTICS ONTARIO and OLYMPIUM RHYTHMIC GYMNASTICS CLUB INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

2021-2022

WARNING! Please read carefully

By signing this document, you will assume certain risks and responsibilities

Participant's Name: _____

1. This is a binding legal agreement. Clarify any questions or concerns before signing. As a participant in the sport of gymnastics and the spectating, orientation, instruction, activities, competitions, programs, and services of Gymnastics Ontario and ORGC (collectively the "Activities"), the undersigned, being the Participant and the Participant's Parent/Guardian (if Participant is under 18 years old), (collectively the "Parties"), acknowledge and agree to the terms outlined in this document.
2. Gymnastics Ontario, ORGC, and their respective Directors, Officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facilities in which the Activities take place, and representatives (collectively the "Organization").

We have read and agree to be bound by paragraphs 1 and 2

Description and Acknowledgement of Risks

3. The Parties understand and acknowledge that:
 - a) The Activities have foreseeable and unforeseeable inherent risks, hazards, and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury.
 - b) The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming.
 - c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of the Participant's fitness or abilities, may give incomplete warnings or instructions, may misjudge weather or environmental conditions, and the equipment being used might malfunction.
 - d) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, participating in the Activities could increase the Participant's risk of contracting COVID-19.
4. The Participant is participating voluntarily in the Activities. In consideration of that participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers, and hazards. The risks, dangers and hazards include, but are not limited to:
 - a) Privacy breaches, hacking, technology malfunction or damage.
 - b) Executing strenuous and demanding physical techniques and exerting and stretching various muscle groups.
 - c) Vigorous physical exertion, strenuous cardiovascular workouts, and rapid movements.
 - d) The failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment or apparatus.
 - e) Failure to follow instructions or rules.
 - f) Serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the Participant's body or to the Participant's general health and well-being.
 - g) Abrasions, sprains, strains, fractures, or dislocations.
 - h) Concussion or other head injuries, including but not limited to, closed head injury or blunt head trauma.
 - i) Physical contact with other participants, spotters, spectators, equipment, and hazards.
 - j) Collisions with walls, any gymnastics apparatus, floors, or mats.
 - k) Falling, tumbling, or hitting any gymnastics apparatus, the floor, mats, or other surfaces.
 - l) Failure to act safely or within the Participant's ability or designated areas.
 - m) Negligence of other persons, including other spectators, participants, or employees.
 - n) Travel to and from competitive events and associated non-competitive events which are an integral part of the Activities.
 - o) Contracting COVID-19 or any other contagious disease.

We have read and agree to be bound by paragraphs 3 and 4

Terms

5. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:
- a) That when the Participant practices or trains in their own space, the Parties are responsible for the Participant’s surroundings and the location and equipment that is selected for the Participant.
 - b) That the Participant’s mental and physical condition is appropriate to participate in the Activities and the Parties assume all risks related to the Participant’s mental and physical condition.
 - c) That the Participant may experience anxiety while challenging themselves during the Activities.
 - d) To comply with the rules and regulations for participation in the Activities.
 - e) To comply with the rules of the facility or equipment.
 - f) The risks associated with the Activities are increased when the Participant is impaired, and the Participant will not participate if impaired in any way.
 - g) That COVID-19 is contagious in nature and the Participant may be exposed to, or infected by, COVID-19.
6. In consideration of the Organization allowing the Participant to participate, the Parties agree:
- a) That the Parties are not relying on any oral or written statements made by the Organization or their agents, whether in brochure or advertisement or in individual conversations, to agree to participate in the Activities.
 - b) That the Organization is not responsible or liable for any damage to the Participant’s vehicle, property, or equipment that may occur as a result of the Activities; and
 - c) That this Agreement is intended to be as broad and inclusive as is permitted by law of the Province of Ontario and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

Jurisdiction

7. The Parties agree that in the event that they file a lawsuit against the Organization, they agree to do so solely in the Province of Ontario.

We have read and agree to be bound by paragraphs 5 to 7

Acknowledgement

8. The Parties acknowledge that they have read this Agreement and understand it, that they have executed this Agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, their spouses, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

Name of Participant (print)

Signature of Participant

Date of Birth

Name of Parent or Guardian (print)

Signature of Parent or Guardian

Date

**GYMNASTICS ONTARIO AND OLYMPIUM RHYTHMIC GYMNASTICS CLUB
DECLARATION OF COMPLIANCE – COVID-19**

Participant Name (print): _____

Participant's Parent/Guardian _____
(if the participant is younger than 18 years old)

Email: _____

Telephone: _____

WARNING!

ALL PARTICIPANTS ENTERING THE FACILITY MUST COMPLY WITH THIS DECLARATION

Gymnastics Ontario and ORGC (collectively the “Organization”) require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

A participant (or the participant’s parent/guardian, if the participant is younger than 18 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization’s facilities or participate in the Organization’s activities, programs, or services.

I, the undersigned being the participant named above and the participant’s parent/guardian (if the participant is younger than 18 years old), hereby acknowledge and agree to the terms outlined in this document:

- 1) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all participants (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
- 2) The participant has not been diagnosed with COVID-19. **OR** If the participant was diagnosed with COVID-19, the participant was cleared as noncontagious by provincial or local public health authorities more than 14 days prior to the date this Declaration of Compliance was signed.
- 3) The participant has not been exposed to a person with a confirmed or suspected case of COVID-19. However, if the participant was exposed to a person with a confirmed case of COVID-19, the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.
- 4) The participant is attending or participating voluntarily and understands the risks associated with COVID-19. The participant (or the participant’s parent/guardian, on behalf of the participant (when applicable) agrees to assume those risks, including but not limited to exposure and being infected.
- 5) The participant has not, nor has anyone in the participant’s household, experienced cold or flu-like symptoms in the last 14 days (including fever, cough, sore throat, shortness of breath, respiratory illness, difficulty breathing).
- 6) If the participant experiences, or if anyone in the participant’s household experiences, any cold or flu-like symptoms after submitting this Declaration of Compliance, the participant will immediately isolate and not attend any of the Organization’s facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.

- 7) The participant has not, nor has any member of the participant's household, travelled to, or had a lay-over in any country outside Canada, or in any province outside of Ontario in the past 14 days. If the participant travels, or if anyone in the participant's household travels, outside the Province of Ontario after submitting this Declaration of Compliance, the participant will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.
- 8) The participant is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, frequent handwashing, and otherwise limiting exposure to COVID-19.
- 9) The participant will follow the safety, physical distancing, and hygiene protocols of the Organization.
- 10) This document will remain in effect until the Organization, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.
- 11) The Organization may remove the participant from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the participant is no longer in compliance with any of the compliance standards described in this document.

Signature: _____ Date: _____
Participant (If 18 and over)

Signature: _____ Date: _____
Parent/Guardian (if the participant is younger than 18 years old)